



*Join us for the*  
**2018 Heartland Dance Championships**  
*at the SEMO District Fair*

**DATE:** Saturday, September 15, 2018

**LOCATION:** Semo District Fairgrounds

**CITY:** Cape Girardeau, Missouri

**TIME:** 9am to noon

**ENTRY DEADLINE:** Friday, August 31, 2018

**REGISTRATION:** Online at [www.heartlandchampionships.weebly.com](http://www.heartlandchampionships.weebly.com)

**Contest Director:** Kandi Staples [heartlandchamps@gmail.com](mailto:heartlandchamps@gmail.com) 573-380-1413

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## Dance Solo Event Information

**STYLE OF DANCE:** Open Division (any style of dance accepted)

**AGE DIVISIONS:** 5-8, 9-12, 13-15, 16-18 (Age as of 9-15-18)

**MUSIC:**

1. Time Limit: 2:30 min. max
2. Competitors perform to music of their choice.
3. Music must be emailed to the contest director by the entry deadline. Email MP3 or MP4 to: [heartlandchamps@gmail.com](mailto:heartlandchamps@gmail.com)
4. Each competitor must bring (2) back-up cds of their solo music the day of competition in case it is needed.

**DIVISIONAL AWARDS:**

1. 1st, 2nd, 3rd place awards will be presented in each age division.
2. Additional placements as divisions warrant.



#### CHAMPIONSHIP AWARDS:

1. One solo competitor will be named as the "HEARTLAND SOLO GRAND CHAMPION" from the following divisions:
  - A. Open Dance Solo (Ages 5-12)
  - B. Open Dance Solo (Ages 13-18)
2. HEARTLAND SOLO GRAND CHAMPIONS WILL RECEIVE:
  - A. A Custom Grand Champion Plaque
  - B. A Custom Grand Champion Sash

**ENTRY FEE:** \$30 per solo competitor

*NOTE: The performance area will be a tented outdoor concrete basketball court. Routines should be choreographed keeping safety in mind when it comes to gymnastics, etc. Competitors are allowed to bring their own gymnastics mats.*

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## Dance Team Event Information

**STYLE OF DANCE:** (Each team may enter one routine per style)

1. Pom Division (poms should be used throughout the routine; grounding of poms acceptable for a brief time)
2. Hip Hop Division (routine should be hip hop in style)
3. Open Division (any style of dance accepted; can be one of the same routines entered in the pom or hip hop division)

**AGE DIVISIONS:** (Age as of 9-15-18; Combine & Average ages to determine age division)

- Primary (Average age 5-8)
- Elementary (Average age 9-12)
- Junior (Average age 13-15)
- Senior (Average age 16-18)

#### TEAM SIZE:

Duet/Trio (2-3 members)

Small Team (4-10 members)

Large Team (11+ members)



**MUSIC:**

1. Time Limit: 3:00 min. max
2. Teams perform to music of their choice.
3. Music must be emailed to the contest director by the entry deadline. Email MP3 or MP4 to: heartlandchamps@gmail.com
4. Each team must bring (2) back-up cds of their solo music the day of competition in case it is needed.

**DIVISIONAL AWARDS:**

1. 1st, 2nd, 3rd place awards will be presented in each style/age division.
2. Additional placements as divisions warrant.

**CHAMPIONSHIP AWARDS:**

1. One team will be named as the "HEARTLAND TEAM GRAND CHAMPION" from the following divisions:
  - A. Division I: Ages 5-12 (out of all 3 styles of dance)
  - B. Division II: Ages 13-18 (out of all 3 styles of dance)
2. HEARTLAND TEAM GRAND CHAMPIONS WILL RECEIVE:
  - A. A Custom Grand Champion Team Plaque
  - B. Custom Grand Champion Medal for each team member.

**ENTRY FEE:**

- Duets/Trios.....\$30 per routine  
Small Team.....\$40 per routine  
Large Team.....\$50 per routine

*NOTE: The performance area will be a tented outdoor concrete basketball court. Routines should be choreographed keeping safety in mind when it comes to gymnastics/lifts, etc. Teams are allowed to bring their own gymnastics mats.*